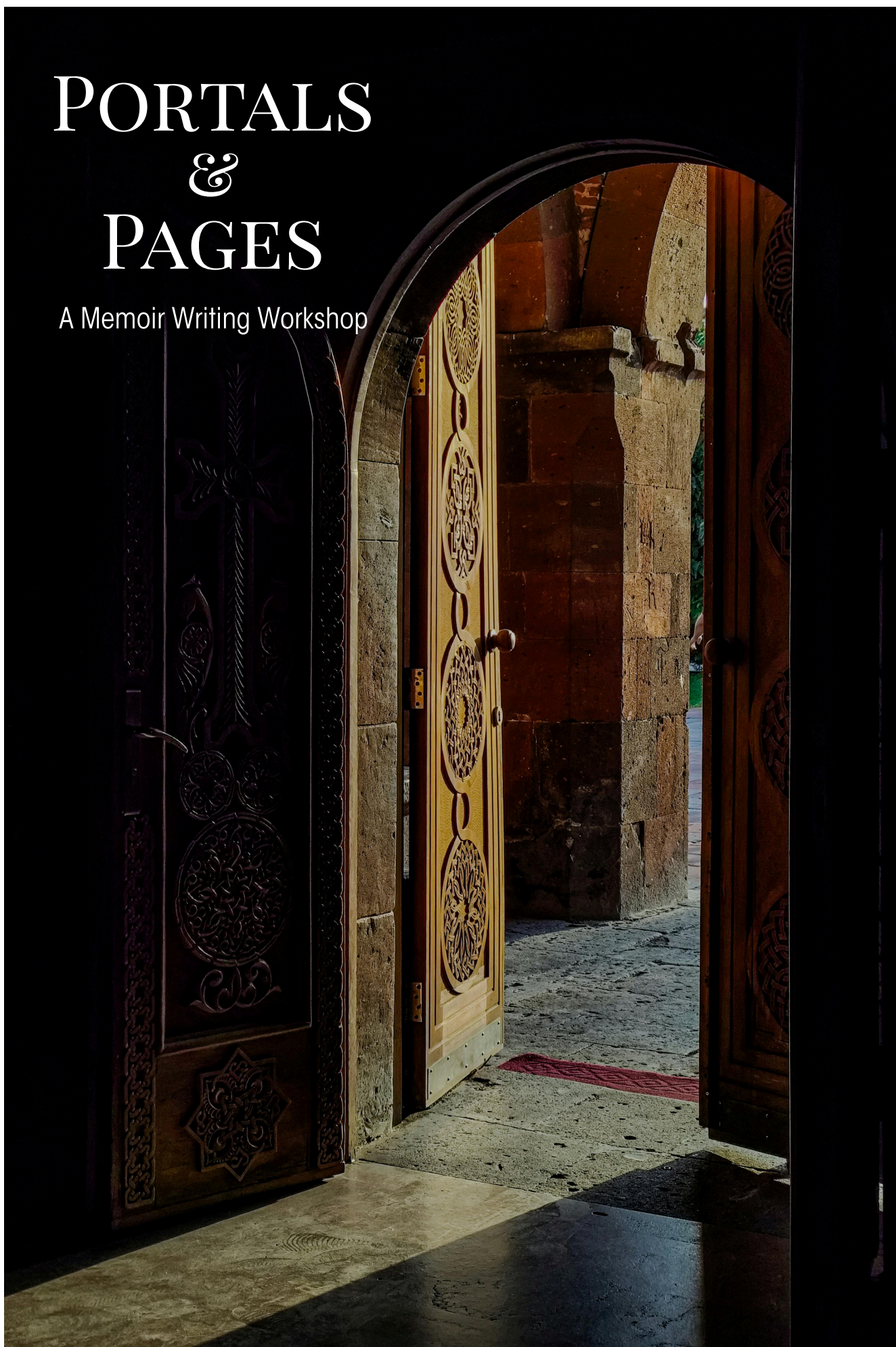


PORTALS & PAGES

A Memoir Writing Workshop



Stories are doors... Let's walk through yours.

Portals & Pages is a guided memoir writing workshop designed for older adults who want to explore the moments that shaped their lives. Inspired by the image of an open door to a Gothic cathedral, this workshop invites you to step through memory and onto the page. With gentle prompts, group reflection, and a welcoming circle of fellow writers, you'll uncover personal stories worth preserving and sharing. Whether you're a seasoned writer or simply curious to begin, this is a space for truth-telling, laughter, and meaning... one page at a time.

Welcome to *Portals & Pages*

I invite you to take a breath and imagine a doorway, wide open and beckoning for you to pass through. Maybe it leads into a quiet stone chapel, a sunlit room, or the story you haven't told in years. Whatever it looks like, that doorway is yours. This workshop isn't about getting every sentence perfect. It's about crossing a threshold—into memory, reflection, and creative expression. We are here to honor the chapters that shaped you, to laugh at the plot twists, and maybe even to rewrite a few lines with tenderness. Each session, I will offer writing prompts and time to share, only if you wish. There are no grades here... only grace. And coffee, if we're lucky. So let's pick up our pens or open our laptops, listen for the quiet knock of memory, and step inside.

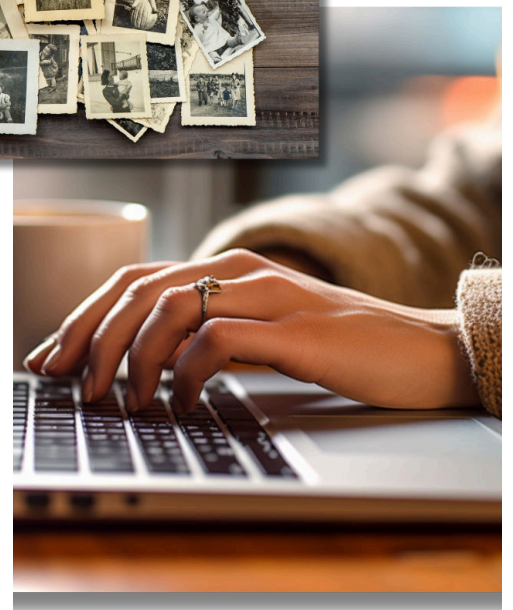


*Welcome,
Friends...*

I'm Mary Santarelli, and I believe stories are sacred spaces. I created *Portals & Pages* to offer others what storytelling has given me: insight, connection, and joy.

About Mary

Mary Santarelli holds an MFA in Creative Writing and has captured awards in playwriting and screenwriting. She offers a wealth of experience leading reflective writing spaces, and is passionate about helping others find meaning through narrative—especially in seasons of transition, growth, and rediscovery.



Workshop Offerings & Pricing

Whether you're a community center seeking meaningful programming, a senior living community fostering connection, or a group of friends gathering for creative reflection—*Portals & Pages* offers a chance to pause, look inward, and celebrate the stories that shaped us.

These workshops are designed to spark memory, ignite imagination, and invite participants into the joyful, reflective practice of writing.

Through prompts, discussion, and shared storytelling, we tap into the quiet wisdom of lived experience—honoring the beauty of our journeys in a relaxed, supportive space.

Open the Door 2-Hour Session
Light prompts + reflective writing +
optional sharing
\$75

**Half-Day
Retreat** 4-Hour Session
Deeper writing rounds + guided
reflection + closing circle
\$150

**The Story
Series** 4 to 6 Weeks (1.5 hrs/wk)
Dive deeper into memory, legacy &
personal growth
Starting at \$200

Ideal For:

- Community Centers
- Senior Living Communities
- Faith-Based Groups
- Libraries & Book Clubs
- Women's Retreats
- Wellness & Support Programs
- Lifelong Learning Institutes

*Workshop rates for nonprofits
are negotiable.*

*For more information,
Contact Mary Santarelli:
santa5mps@gmail.com*

