

A black and white photograph of a stone archway. A dark wooden door with a gothic-style arch and a metal knocker is slightly ajar on the left. The archway frames a view of a landscape with a field, trees, and hills under a cloudy sky. The foreground is covered in gravel.

PORTALS & PAGES

A Memoir Writing Workshop

Stories are doors...

Let's walk through yours.

Portals & Pages is a guided memoir writing workshop designed for older adults who want to explore the moments that shaped their lives. Inspired by the image of an open door to a Gothic cathedral, this workshop invites you to step through memory and onto the page. With gentle prompts, group reflection, and a welcoming circle of fellow writers, you'll uncover personal stories worth preserving and sharing. Whether you're a seasoned writer or simply curious to begin, this is a space for truth-telling, laughter, and meaning... one page at a time.



Welcome to *Portals & Pages*.

I invite you to take a breath and imagine a doorway, wide open and beckoning for you to pass through. Maybe it leads into a quiet stone chapel, a sunlit room, or the story you haven't told in years. Whatever it looks like, that doorway is yours. This workshop isn't about getting every sentence perfect. It's about crossing a threshold—into memory, reflection, and creative expression. We are here to honor the chapters that shaped you, to laugh at the plot twists, and maybe even to rewrite a few lines with tenderness. Each session, I will offer writing prompts and time to share, only if you wish. There are no grades here... only grace. And coffee, if we're lucky. So let's pick up our pens, listen for the quiet knock of memory, and step inside.

